

Top treatment tips for your Avon Pink Pamper Party

Avon's celebrity make-up artist Jackie Tyson is on hand to give you some top treatment tips for your very own Avon Pink Pamper Party. Simply follow Jackie's step by step guides and before long you'll be pampering like a professional!

Don't forget to ask your guests to make a donation in return for a treatment. Happy pampering!



Facial

- Begin with a creamy cleanser. Massage into the face and neck using gentle upwards movement with the whole hand.
- Wipe away cream with a warm, damp cloth in the same upwards moves.
- Next gently massage in an exfoliator using small circular movements, concentrating on the T zone (forehead and nose area) and avoiding your guest's eyes.
- Remove once again with a warm damp cloth.
- Using a facial oil or rich moisturiser give the face a massage for approximately three minutes with more upward movement. Remember to focus on the face and neck. Take care around the lip and eye areas.
- Wipe both areas with a warm damp cloth.
- Now apply a moisturising face mask that suits your guest's skin type. Invite your guest to close their eyes for 10 minutes and relax whilst the mask works its magic!
- For an extra special treatment, apply a spot of rose water to two cotton pads and place over your guest's eyes to refresh the upper eye and lids.
- Remove the mask with that warm damp cloth, apply a splash of toner to cotton pads and sweep over the face.
- Finish by applying a moisturiser to the neck and face that suits your guest's skin type and age.

Pedicure

- Begin by soaking your guest's feet in a bowl of warm soapy water. Rub each foot all over with a foot exfoliator and replace in the water.
- Dry off and apply cuticle remover,
- Trim nails straight across with clippers and file off any sharp edges.
- Using an orange stick, gently ease back any overgrown cuticles.
- Use a foot cream to massage each foot paying attention to the heel area which can be very dry. Spend five minutes massaging each foot using mainly your thumb.
- Use some nail varnish remover to clean each nail of massage cream.
- Apply your chosen polish.

Hand Massage

- Sit in front of your client with a small towel placed over your knees.
- Remove all of your guest's jewellery before you begin the treatment.
- Take one of your guest's hands and, using both of your hands, apply plenty of rich hand cream.
- You mainly use your thumb when massaging hands but always make your moves push up the hand and arm and don't use too much pressure, especially on the elderly.
- Start on the back of the hand then turn it over and work on the palm.
- Gently massage along the lengths of each finger.